

INFINITE HERO FOUNDATION

INVESTING IN HEROES

2025

**ADVANCING THE FUTURE OF RECOVERY
FOR OUR HEROES**

STRATEGIC INVESTMENTS ADVANCING VETERAN HEALTH,
RECOVERY, AND WELL-BEING



At Infinite Hero Foundation, we believe that recovery for our nation's heroes can—and must—be reimagined.

Too many veterans face complex physical and invisible wounds with limited access to effective solutions. That's why we focus on identifying and investing in approaches that go beyond traditional models—programs that are measurable, scalable, and capable of transforming results for our military heroes and their families.

Since our founding in 2012, Infinite Hero has been at the forefront of advancing breakthrough treatments and programs. From mental health and brain health to suicide prevention, physical rehabilitation, family support, and leadership development, we invest in initiatives that not only deliver results—but redefine what's possible in veteran recovery.

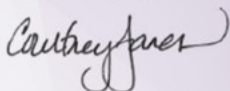
This report reflects the impact of those investments—demonstrating measurable improvements in mental health, stronger family connections, and expanded access to critical services.

These results are not just statistics—they represent lives changed, futures restored, and communities strengthened.

We remain committed to breaking boundaries, accelerating progress, and expanding access to the support veterans need to recover and thrive.

Together, with our partners and supporters, we are building a stronger future for our nation's heroes.

With Gratitude,



Courtney Janes
Executive Director
Infinite Hero Foundation



OUR STORY & IMPACT

2025

Founded in 2012, Infinite Hero Foundation was created with a clear purpose: to invest in innovative solutions that improve recovery outcomes for military, veterans and military family members. Inspired by the experiences of service members returning home with complex physical and invisible wounds, our work is grounded in a belief that recovery must evolve—and that better solutions must be advanced.

WHAT SETS US APART

RIGOROUS VETTING

We identify and support programs with strong leadership, measurable outcomes, and the potential to scale

INVESTMENT-DRIVEN APPROACH

We fund high-impact models that demonstrate real-world effectiveness and long-term potential

FOCUS ON INNOVATION

We invest in both clinical and non-traditional approaches that expand what recovery can look like

SEED FUNDING FOR IMPACT

We support promising, early-stage solutions that may not yet have access to traditional funding

STEWARDSHIP & ACCOUNTABILITY

We serve as disciplined stewards of our supporters' generosity—building strong partnerships with funded organizations and maintaining rigorous oversight, reporting, and measurement to ensure meaningful, lasting outcomes.

OUR APPROACH

We invest across the full spectrum of recovery, addressing the interconnected needs of veterans and their families:

- Brain Health
- Physical Rehabilitation
- Suicide Prevention
- Family Support
- Leadership Development

By supporting innovative programs and emerging technologies, we advance solutions that improve outcomes and strengthen long-term recovery.

**\$5.9
MILLION**

Invested in Veteran-Focused Programs

55

Organizations Funded

100%

of services provided at no cost to Veterans

100,000+

Veterans & Families Impacted



BASTION COMMUNITY OF RESILIENCE



Infinite Hero invested in Bastion Community of Resilience to expand access to clinically driven mental health programs that improve long-term outcomes for veterans. Through an 8-week, clinically led wellness intensive and ongoing community model, the program addresses isolation and sustained recovery—advancing a scalable approach to mental health care aligned with our focus on measurable, long-term impact.

IMPACT

PARTICIPANTS

- 60 Veterans served

CLINICAL IMPROVEMENTS

- 66%+ reduction in psychological distress
- 75%+ reduction in depression
- 50-60% reduction in anxiety and stress
- Up to 100% reduction in PTSD symptoms

ENGAGEMENT & CONNECTION

- 100% reported improved mental health
- 87% reported increased connection and belonging

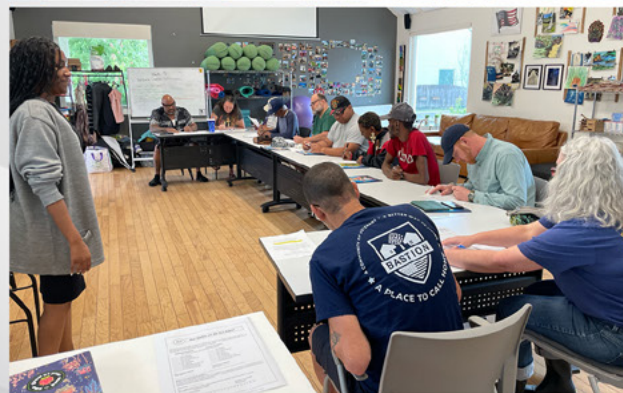
Outcomes have improved across cohorts, with participants remaining engaged through alumni programming and peer mentoship—extending impact over time.

“This Wellness Intensive has helped pull me back from the self isolation and spiral of depression that had settled in...Being around other vets...has been inspiring and nurturing...I am in a better place now...in large part due to this program.”

— Veteran Participant

\$75,000

Grant Investment



CHILDREN'S HOSPITAL LOS ANGELES



Infinite Hero partnered with Children's Hospital Los Angeles to advance a novel, non-distressing treatment approach for combat-related PTSD—expanding access to care for veterans who may otherwise avoid traditional therapies. By integrating real-time brain imaging with treatment delivery, this model reduces barriers to care while improving engagement and long-term treatment adoption.

IMPACT

107 combat veterans served, including 59 diagnosed with PTSD

\$100,000

Grant Investment

HIGH ENGAGEMENT AND TREATMENT ACCEPTANCE:

- 79.6% completion rate, exceeding typical retention for PTSD treatment
- 91% reported the treatment as non-distressing
- 90.7% would recommend the program to other veterans

REDUCED BARRIERS TO MENTAL HEALTH CARE:

- 55.8% reported reduced likelihood of avoiding treatment
- 85.1% accepted referrals for further care (excluding those already in treatment)
- 62% engaged in mental health care within six months, up from 33.2% at baseline

This intervention served as a critical entry point for veterans historically resistant to treatment by demonstrating that improving accessibility and experience can significantly increase engagement in long-term care.

"I thought I would react more...that I would have more of an emotional and physical response...I did not experience any fear or distress."

— Veteran Participant

FORGE

OVERWATCH
PROJECT +

Infinite Hero supported FORGE to expand peer-based suicide prevention training that equips service members and veterans to recognize risk and intervene during critical transition periods. This model demonstrates how peer-led, community-driven approaches can extend impact beyond direct participants—creating scalable solutions to reduce suicide risk.

IMPACT

\$50,000

Investment

2,258 service members trained at critical transition points

EXPANDED REACH THROUGH PEER-TO-PEER IMPACT:

- 63% shared training with others
- Average of 4.46 additional people reached
- 6,344 additional individuals impacted

DEMONSTRATED BEHAVIOR CHANGE:

- Increased confidence in intervening
- Increased proactive safety planning
- Significant improvements across knowledge, intent, and action

This program extends beyond direct participants by driving adoption across units, communities, and multiple states.

“Don’t beat around the bush, you don’t have to use code words or whisper it – you have firearms, what’s your plan?” From a vet-to-vet that’s so much easier to say.”
— Gabe Army Veteran



FRONTLINE FOCUS FOUNDATION



Infinite Hero invested in Frontline Focus Foundation to expand access to trauma-informed, holistic wellness programs supporting veterans and families navigating PTSD, TBI, and suicidal ideation. By combining meditation training with psychedelic-assisted therapy and structured integration, the program represents an emerging, comprehensive model for long-term healing.

IMPACT

64 veterans and family members served

\$100,000

Investment

DEMONSTRATED IMPROVEMENTS:

- 100% program completion rate
- 100% reported reduction in suicidal ideation
- 51 participants reduced unnecessary pharmaceutical use under guidance

Participants reported meaningful improvements in emotional regulation, resilience, and overall quality of life with peer support networks continuing beyond the program.

"Through this program, I experienced a complete reduction in suicidal ideation and felt present with my family for the first time in years. It gave me my life back."

— Veteran Participant



PROJECT SANCTUARY



Infinite Hero partnered with Project Sanctuary to develop and implement a standardized teen curriculum that strengthens family-centered recovery. By aligning youth and adult programming, this model reinforces communication, resilience, and long-term well-being—highlighting the critical role of family support in recovery.

IMPACT

PROGRAM DEVELOPMENT

- First standardized teen curriculum implemented across all retreats
- Alignment between youth and adult programming

PARTICIPANT IMPACT

- Improved communication, coping, and self-expression
- High engagement and participant satisfaction
- Strong peer connection among youth participants

LONG-TERM IMPACT

- Establishes a scalable, repeatable model for future retreats
- Strengthens the effectiveness of family-based recovery programs

This investment strengthens a scalable model that improves outcomes across generations—reinforcing the critical role families play in long-term recovery and well-being.

\$15,000

Grant Investment

**144 MILITARY
FAMILIES SERVED**

Including 172 youth participants



THE WISDOM DOJO



Infinite Hero supported The Wisdom Dojo to expand access to structured meditation training and peer-led programming that supports mental health and long-term recovery. By creating pathways for veterans to become instructors, the model not only improves individual outcomes but builds leadership, community, and economic opportunity.

IMPACT

\$100,000

Investment

PARTICIPATION & GROWTH

- 211 veterans served across programs
 - 121 Fundamentals Training (+33% YoY)
 - 33 Advanced Training (+38% YoY)
 - 41 Retreat Participants (+17% YoY)
 - 17 Instructor Training (+143% YoY)

PEER-LED IMPACT

- 95% program completion rate

ENGAGEMENT

- 31 veteran instructors trained
- Veterans deliver 86% of Phase 1 programming

ECONOMIC OPPORTUNITY

- \$81,415 earned by veteran instructors

"The Wisdom Dojo saved my life. It has made me a better husband, father, and friend... Instead of instantly thinking of self-harm when I am overly stimulated from TBI / PTSD, I now have tools to self-regulate my moods and emotions... I am able to live a fully functional life again."

— Veteran Participant



WORLDMAKER RESILIENCE INSTITUTE



Infinite Hero invested in Worldmaker Resilience Institute to scale a technology-enabled resilience training program that supports sustained behavior change across veterans and their families. By combining digital tools, in-person training, and family-centered resources, this model expands access while strengthening long-term outcomes.

IMPACT

\$50,000

Investment

REACH

- 604 individuals and families served
 - 100 training participants
 - 204 app users
 - 200 families supported through THRIVE Kits

ENGAGEMENT & ADOPTION

- 62% app adoption rate
- 86% user engagement
- Nearly half of users engage weekly
- 5,192 videos watched
- 39,608 minutes of engagement

RESILIENCE & WELL-BEING OUTCOMES

- 90%+ improved ability to manage stress
- 94% reported stronger relationships
- 100% reported increased hope

This program is now being applied across military units, first-responder environments, and family settings—expanding its reach well beyond the initial delivery.

“THRIVE training delivered practical tools I could use immediately—at work and at home. It has transformed how I manage stress and support my family. Any first responder, public safety officer, healthcare provider, or other community frontline worker would benefit from this program.”

— Veteran Participant



RECOVERY IS NOT ONE-SIZE-FITS-ALL—AND TRADITIONAL APPROACHES ALONE ARE NOT ENOUGH.

Veterans face complex mental, physical, and personal challenges that require solutions that meet them where they are.

The programs we support are changing what recovery looks like in practice—reaching veterans who previously avoided care, strengthening family systems, and creating new pathways for long-term healing.

THIS IS WHAT THAT LOOKS LIKE:

- Veterans engaging in care who once stayed on the sidelines
- Families rebuilding connection, stability, and resilience
- New approaches expanding how recovery is understood and delivered

THIS IS THE IMPACT OF THAT WORK:

- Addressing the full spectrum of recovery
- Creating meaningful, sustained change
- Delivering results that extend beyond individual participants

EARLY INVESTMENT REPRESENTS MORE THAN A PROGRAM—IT REPRESENTS
A VETERAN, A FAMILY, AND A STRONGER PATH FORWARD.



The impact of these investments is best reflected in the voices of the veterans and families who experience them firsthand.

“THIS WELLNESS INTENSIVE HAS HELPED PULL ME BACK FROM THE SELF ISOLATION AND SPIRAL OF DEPRESSION THAT HAD SETTLED IN... I AM IN A BETTER PLACE NOW, AND FEEL THAT IT IS IN LARGE PART DUE TO THIS PROGRAM.”

Bastion Community of Resilience

“I HAD NOT SLEPT THROUGH THE NIGHT IN MORE THAN A DECADE. BY THE END OF THE PROGRAM, I EXPERIENCED A COMPLETE REDUCTION IN SUICIDAL IDEATION AND FELT PRESENT WITH MY FAMILY FOR THE FIRST TIME IN YEARS.”

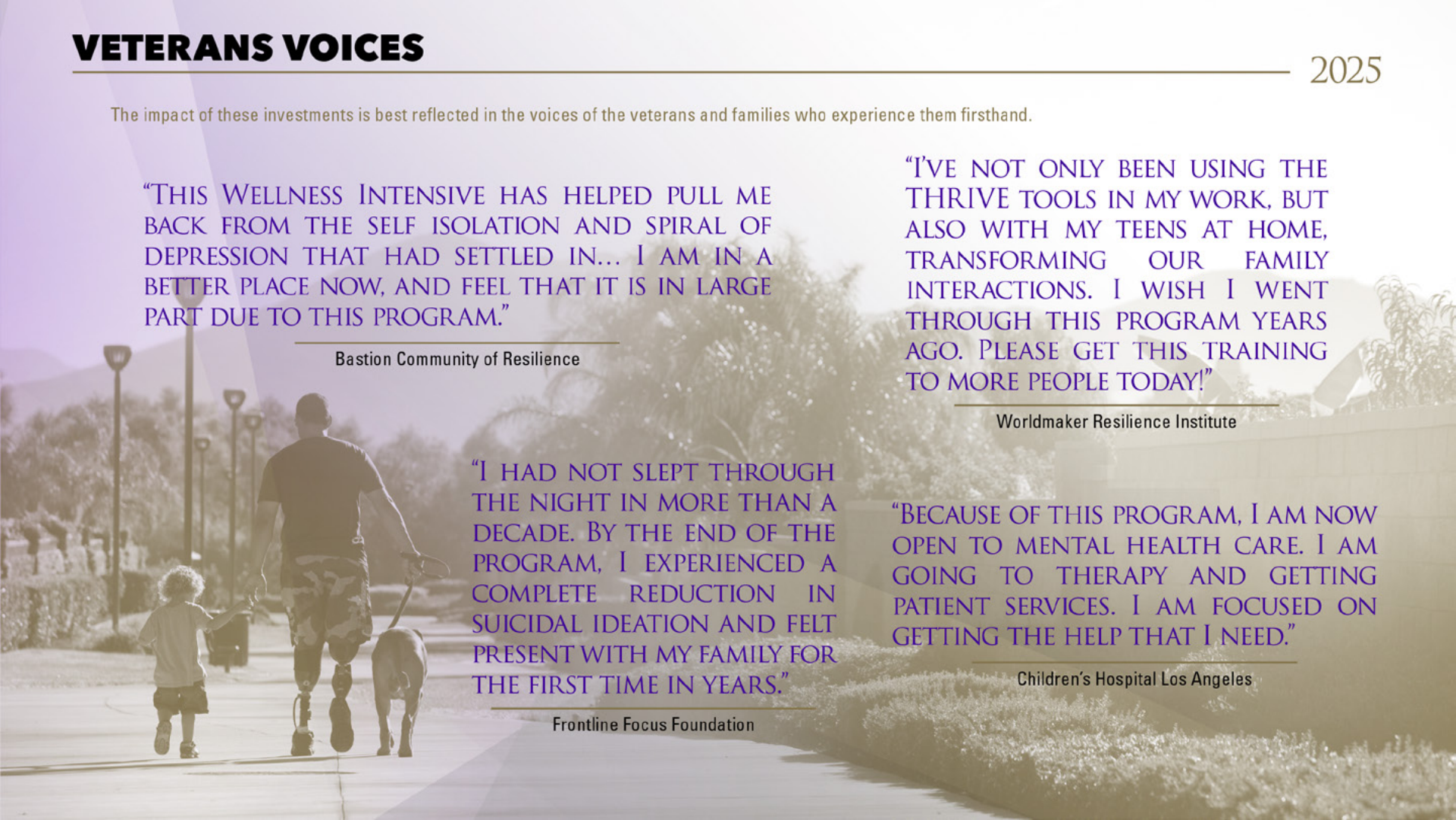
Frontline Focus Foundation

“I’VE NOT ONLY BEEN USING THE THRIVE TOOLS IN MY WORK, BUT ALSO WITH MY TEENS AT HOME, TRANSFORMING OUR FAMILY INTERACTIONS. I WISH I WENT THROUGH THIS PROGRAM YEARS AGO. PLEASE GET THIS TRAINING TO MORE PEOPLE TODAY!”

Worldmaker Resilience Institute

“BECAUSE OF THIS PROGRAM, I AM NOW OPEN TO MENTAL HEALTH CARE. I AM GOING TO THERAPY AND GETTING PATIENT SERVICES. I AM FOCUSED ON GETTING THE HELP THAT I NEED.”

Children’s Hospital Los Angeles



OUR PLEDGE

2025

Infinite Hero's pledge to those who have risked their lives is to reward their sacrifice and bravery with support that articulates our gratitude. We partner with like-minded organizations to provide access to innovative rehabilitation programs that address the unique needs of veterans and their families.

The measure of our impact is positive outcomes, not merely gestures. Like the heroes we serve, we refuse to shy away from a challenge. Where boundaries exist, we will plow through them.

Where strategies and solutions have not yet been found, we will create them. We will marshal the resources of technology, community, medical research, and mental health care to foster collaborative innovation and affect positive change for our heroes in need.



THANK YOU.

TO OUR DONORS, PARTNERS, AND SUPPORTERS:
THANK YOU FOR MAKING THIS WORK POSSIBLE.

Your support drives meaningful, lasting impact for veterans and their families.

Because of you, Infinite Hero Foundation is able to invest in solutions that improve lives, strengthen resilience, and support long-term recovery.

Together, we are changing what recovery looks like for our nation's heroes.



JOIN US

Together, we can continue this work and expand our impact for veterans and their families.

- Give to support breakthrough programs and expand impact
- Partner with us to help scale innovative approaches to recovery
- Stay connected to see your impact in action



[INFINITEHERO.ORG](https://www.infinitehero.org)

